**Sydne Stone, LPC, NCC, AAMFT Clinical Fellow**

Sydne Stone Counseling, PLLC

52 Walnut Street, Suite 10, Waynesville, NC 28786

(205) 837-3406

**Questions for Couples**

**Names : Date**

Relationship Status: \_\_\_ Married \_\_\_ Living Together \_\_\_ Dating \_\_\_ Divorced \_\_\_ Separated

Length of time in current relationship: Number of children in relationship:

Have either of you lived in a committed relationship before?

What have you tried to heal this relationship?

Please rate your current level of satisfaction in this relationship: *(circle)*

1 2 3 4 5 6 7 8 9 10

*Not satisfied Very Satisfied*

Please rate your current level of commitment to this relationship: *(circle)*

1 2 3 4 5 6 7 8 9 10

*Not at all Somewhat In 100%*

What is your biggest strength as a couple?

How do you resolve conflict well?

**Factors that can impact relationships**

Please check those that have been issues in the past or in the present:

\_\_\_ Abuse, violence

\_\_\_ Alcohol addiction

\_\_\_ Drug addiction

\_\_\_ Financial stress

\_\_\_ Gambling addiction

\_\_\_ Grief, loss

\_\_\_ Infidelity

\_\_\_ Lack of emotional intimacy

\_\_\_ Lack of sexual intimacy

\_\_\_ Parenting conflicts

\_\_\_ Porn addiction

\_\_\_ Religious conflicts

\_\_\_ Sex addition

\_\_\_ Work related issues

\_\_\_ Other\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If abuse or violence was checked, was law enforcement involved or criminal charges filed?

If so, what was the outcome?

Have either of you considered any other legal proceedings regarding the other?

